

Book 1 : Actual Size / Steven Jenkins

Skill: Perspective Taking

Practice Measuring Activity



1. For this exercise, the side of the ruler with INCHES has been highlighted in yellow because that is the measurement we are using today.
2. Explain that the ruler is divided into 12 inches. The 12 inches together are called a FOOT. You can also talk about the fact that a foot doesn't necessarily equal the length of one's own foot! We will use the ruler to measure height (a vertical measurement) and length (a horizontal measurement).
3. Height: How Tall Are You?
Ask your child to stand with his/her back against the wall. Using a piece of masking tape, mark the child's height on the wall. Then ask your child to use the ruler to measure the number of feet and additional inches to get their height. Write height on their tape. Who is the tallest?
Note: please write height as 4 feet, 3 inches—NOT 51 inches
4. Length: How Long Is Your Foot?

Ask your child to take off one of their shoes. With a foot on the ground, have them measure the length of their foot in inches. Who has the longest (biggest) foot? The shortest?



If you have time, you can ask children to lift a piece of their hair to measure its length. Who has the longest hair? The shortest?

